

At Home

Mille Lacs Health System Long Term Care newsletter

July 2017

Upcoming Events

- **Gary Stacken**
6th at 6:00 p.m.
- **Alan Godacz**
11th at 6 p.m.
- **Eileen Peterson**
13th at 6:15 p.m.
- **Alan Lee**
18th at 6:15 p.m.
- **Roy Billmark**
27th at 6:15 p.m.



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A Letter From Administration

Hello, my name is Judy Malmskog and I am the LTC Social Worker. I currently reside in Baxter, MN with my very spunky Boxer/Lab, named Lucy!

I have three daughters, Jennifer who is 24 years old and also a Social Worker AND has blessed me with a grandson, Cuthrie; Jacqueline, who is 22 years old; and my youngest, Jordan, is 18 and will be residing with me, soon to start college in Brainerd.

I am currently working towards my Master's Degree in Clinical SW as well.

I have a variety of work experience, starting out working in Law Enforcement for ten years, so I like to tell people I have done my time! I worked as a jailer/dispatcher and transport officer. I also worked for 15 years on the local ambulance as an E.M.T., part-time. I went back to school and received my degree in S.W. I worked in Child Protection for many years and then added Chemical Dependency to my resume. I treated individuals with serious and



Judy Malmskog,
LTC Social Worker

persistent mental illnesses that also had addictions..

I am very happy in my new position as I love advocating and assisting people. I have found the stories of the residents to be so rich and rewarding! Stop by and say hi sometime!

Meet Our Staff: Spotlight

Our spotlight this month is on Marianne Lease. Marianne is our Administrative Assistant. She has been working for MLHS for 38 years. She lives in Onamia. She has 1 daughter, 2 sons, and 11 grandchildren and one great-grandchild. She enjoys working at MLHS. Marianne plays a big part in the administrative



Marianne Lease

functions of our facility. Her duties include receptionist, tracking personal records, orientation and payroll. The best part of her job is the residents and the staff. She states, "I enjoy hearing the residents' past experiences, and the feeling of family in the workplace."

Our Father's Day Family BBQ was a blast! Thank you all for attending. All of our departments worked together to

bring a family event to life!

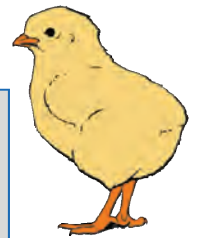


Any man
can
be a father
but it takes
someone special
to be a Dad.

What's New in LTC?



Baby Chicks visit for a day! Thank you, Mary, for offering us your chicks for the day! We enjoyed having them!





Resident Spotlight: Evelyn Hoemann

Our spotlight this month is on Evelyn Hoemann. Evelyn was born in 1917 in Nebraska. She and her husband had three girls and one boy. She has 11 grandchildren and 27 great grandchildren. She loves her family, talking to

everyone, gardening, crafts, sewing and playing cards. One memory Evelyn shared was how she used to ride her pony *Beauty* to school for the first eight years!



Evelyn Hoemann

One Hundred Year Club



Pictured, back row, left to right: Clarence (99), Betty (100), and Julia (100).
Front row, left to right: Evelyn (99), Carla (101), and Violet (99).



Mille Lacs Health System would like to introduce our **100 cCub!** We have three residents who are already 100 years young...and three more who will be celebrating their 100th birthday this year! My what they must have seen in their years! **Happy 100th Birthday** to such wonderful people!

In The Year 1917

- A wool blanket cost \$5
- Hot dogs cost 18 cents/lb
- Movie tickets cost 23 cents/ticket
- You could buy a farm for \$69/acre
- Almost every home had a servant!*

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 Phone: 320-532-2736
 E-mail:
 asjodin@mlhealth.org

Activities Department

Visit our website!
<http://www.mlhealth.org>



Nurses Station Contact Numbers

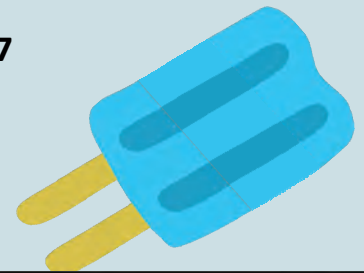
North: 320-532-2724

East: 320-532-2721

Memory Care: 320-532-2731

Charge Nurse After Hours:

320-532-2737



Sun	Mon	Tue	Wed	Thu	Fri	Sat
JULY 2017						1 915 Ladies Sensations 1030 News 1120 Words in A Word 130 Bingo 230 Coffee Talk
2 915 Men's Sensations 1030 News 1120 Tell Me a Joke 130 Basketball 230 Coffee Talk	3 915 Ladies Sensations 1030 News 1120 Bodies in Motion: Arms & Legs 130 BINGO 230 Ice Cream Social	4 Independence Day 915 Men's Sensations 1030 Church on TV 1120 Independence Trivia 130 SURPRISE! 330 Manicures 615 6-5-4 Dice	5 915 News 1030 Mass 1120 What Did it Cost? 130 Horse Racing 415 Hangman 600 Show and Tell	6 915 Ladies Sensations 1030 News 1120 Similes 130 Bingo 415 Kickball 615 Gary Stacken	7 915 Men's Sensations 1030 News 1120 Words in A Word 130 Patio Visits and Refreshments	8 915 Ladies Sensations 1030 News 1120 For A Good Cause 130 Bingo 230 Coffee Talk
9 915 Men's Sensations 1030 News 1120 What Would you Wish For? 130 Mini Golf 230 Coffee Talk	10 915 Ladies Sensations 1030 News 1120 Bodies in Motion: Arms & Legs 130 BINGO 230 Ice Cream Social	11 915 Men's Sensations 1030 Church: Methodist 1120 Chicktionary 130 Horse Racing 415 Words in A Word 615 Alan Godacz	12 915 News 1030 Mass 1120 Tell Me A Joke 130 Birthday Party 415 Hangman 600 Dice Doubles Game	13 915 Ladies Sensations 1030 News 1120 What Did it Cost? 130 Bingo 400 For a Good Cause	14 915 Men's Sensations 1030 News 1120 Kickball 130 Patio Visits and Refreshments	15 915 Ladies Sensations 1030 News 1120 Table Top Tennis 130 Bingo 230 Coffee Talk
16 915 Men's Sensations 1030 News 1120 Horseshoes 130 Horse Racing 230 Root Beer Floats	17 915 Ladies Sensations 1030 News 1120 Bodies in Motion: Arms & Legs 130 BINGO 230 Ice Cream Social	18 915 Men's Sensations 1030 Church: Lutheran 1120 For A Good Cause 130 Hat Day/Hat Chat 330 Manicures 615 Alan Lee	19 915 News 1030 Mass 1120 Chicktionary 130 Make and Taste 415 ArmChair Travels 600 Did You Know?	20 915 Ladies Sensations 1030 News 1120 Hangman 130 Bingo 415 Show and Tell 615 Lawrence Welk	21 915 Men's Sensations 1030 News 1120 Balloon Volleyball 130 Patio Visits and Refreshments	22 915 Ladies Sensations 1030 News 1120 Split Words 130 Bingo 230 Coffee Talk
23 915 Men's Sensations 1030 News 1120 Words in A Word 130 Family Feud 230 Coffee Talk	24 915 Ladies Sensations 1030 News 1120 Bodies in Motion: 130 BINGO 230 Ice Cream Social	25 915 Men's Sensations 1030 Church: Pastor Joe 1120 You've Got Voicemail 130 Horse Racing 415 Bean Bag Toss 615 Lowell Hill	26 915 News 1030 Mass 1120 Discussion: Wishes 130 Auction 415 Kickball 600 Sing Along/Karaoke	27 915 Ladies Sensations 1030 News 1120 Bean Bag Toss 130 Bingo 415 Hangman 615 Roy Billmark	28 915 Men's Sensations 1030 News 1120 Summer Trivia 130 Patio Visits and Refreshments	29 915 Ladies Sensations 1030 News 1120 Chicktionary 130 Bingo 230 Coffee Talk
30 915 Men's Sensations 1030 News 1120 For A Good Cause 130 Balloon Volleyball 230 Coffee Talk	31 915 Ladies Sensations 1030 News 1120 Bodies in Motion: 130 BINGO 230 Ice Cream Social					