

At Home

Mille Lacs Health System Long Term Care newsletter

May 2018

A Letter From Administration



Upcoming Events

- Gary Stacken
1st at 6:15 p.m.
- Alan Godacz
8th at 6:15 p.m.
- Mother's Day Program
10th 2:00 p.m.
- Frank Gust
10th 6:15 p.m.
- Kickin' Karaoke
15th at 6:15 p.m.
- Deb Hawkinson
17th at 6:15 p.m.
- Baby Animals Visit
22nd
- Roy Billmark
22nd at 6:15 p.m.

Resident Care Is A Top Priority at MLHS

We have all been hearing the news of late regarding elder abuse and the Office of Health Facility Complaints (OHFC) not meeting their responsibilities to protect vulnerable adults by investigating complaints within a timely manner. I want to assure each and every one of you that resident care is a top priority here at MLHS. Our reporting systems at MLHS are solid. A hundred percent of our staff are trained on the signs and symptoms of abuse and neglect and the reporting requirements. If a concern is brought forward by a resident, family member, or is identified as suspicious by our staff, it is immediately reported to the OHFC.

Once a report has been filed, our staff completes an investigation. As part of the investigation, staff, residents, and at times family members are interviewed. We have five days to file our investigation with the initial complaint to the OHFC. The investigation report includes a summary of the complaint, who was interviewed, and any actions taken by MLHS as a result of the findings. At this point, the OHFC reviews the findings and either makes a determination that the complaint was not substantiated or they can come onsite and complete a more in-depth investigation. In our experience we have always received an acknowledgment regarding the complaint, and if it seems that it's taking too long to get a response, our staff will do a follow-up to check on the process.

To close our process, MLHS logs all complaints so that we are able to identify trends or patterns and proactively look at preventative measures to ensure that our residents are receiving the best care possible. If you have any questions or would like more information, please let us know. Finally, thank-you for allowing us to be part of your family members' golden years.

—Kim Kucera, LTC Administrator

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Congr

Congrats!



Tom Cunz, husband of the late Beth Cunz; Katie Gerwing; and Dennis Burr, president of the Mille Lacs Area Health Foundation.

Congratulations to Katie Gerwing, who received the 3rd Annual MLHS Beth Cunz Nursing Scholarship. This scholarship is awarded to an employee who is actively enrolled in a nursing program, and is given from the Mille Lacs Area Health Foundation. Katie will be pursuing an R.N. to B.S.N. degree.

Music and Memory Program

Through a wonderful donation, our Activities department was able to begin their training to become a Music and Memory Certified Facility. Training was scheduled for April 17th and 18th. Haven't heard of the Music and Memory Program? Several studies have shown the importance music has on our brain, so what better way to help our residents than by using this program?

Becoming a certified facility means that we will be able to provide a program to assist with certain behaviors, and to be able to diffuse a difficult escalation of behaviors as well, providing our residents with a calming technique uniquely fit to them as they listen to their personalized music playlist. For more information on the Music and Memory program check out:

<https://musicandmemory.org/>

all it takes is
one song
to bring
back
a
thousand
memories
-Unknown



Resident Spotlight: Phil Tideman

Phil Tideman grew up in Cokato, MN. The day he graduated from high school (1944) he left on a train for Naval Training. Soon he was on a destroyer in the South Pacific as a Signalman on the U.S.S. Nicholson (that is why he loves wearing that ship's hat!)

After the war was over, Phil studied at several universities to become a geographer. He taught in Nebraska, Montana, Wyoming and Minnesota. After marriage he and Vivian traveled to many places. The best travel was visiting daughter Heather when she was in the Peace Corps in Kenya, Africa.

Now retired,, Phil is glad to be back in the area where he first spent summers, beginning at age five, at his Aunt Hazel's resort. He enjoys fishing and hunting; and playing with his five children and grandchildren and dogs. He loves to watch the pheasant that visits the Memory Care bird feeder.



Phil Tideman



Staff Spotlight: Eileen Wojciechowski

Most of you have either met or talked with Eileen over the phone. Eileen is our biller for Long Term Care, Lake Song, and Home Care/Hospice. She has been working here at MLHS for five years. She was born and raised in the Milaca area. Eileen and her husband have been married for 37 years and have five children and eight grandchildren.

We asked Eileen what she likes best about working here at MLHS and she said, "The people I work with are fantastic. I work with three different departments and my coworkers are caring and friendly people."

We are happy to have you, Eileen!



Eileen, LTC Biller



Join us to celebrate all mothers on
May 10th at 2 p.m.

Martha, the Harp Lady, will be performing!

Dessert provided in honor of all moms.



Spring has sprung! In LTC we will be celebrating new life as we have our baby animal petting zoo scheduled for **May 22nd**! Come join us for a wonderful event.



Important Contact Numbers

North Nurse's Station: 320-532-2724

East Nurse's Station: 320-532-2721

Memory Care Nurses: 320-532-2731

Charge Nurse AFTER HOURS: 320-532-2737

Front Desk: 320-532-2729

Social Worker: 320-532-2742

LTC Billing: 320-532-2652

Activities: 320-532-2736



Visit our website

www.mlhealth.org

200 North Elm Street, Onamia, MN 56359

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2018	1 930 Men's Sensory 1030 Church: Methodist 1120 Where Were You? 130 Horse Racing 415 Penne Ante 615 Gary Stacken	2 930 Local News 1030 Mass 1120 Tell It Like It Is! 130 Crafting Corner??? 415 Hangman 615 6-5-4 Dice	3 930 Ladies Sensory 1030 Words in a Word 1120 Did You Know? 130 Bingo 415 Faith Group 330 Bodies in Motion 615 Movie	4 930 Men's Sensory 1030 Conversations of Hope 130 Horse Racing 230 Coffee Talk	5 930 Ladies Sensory 1030 News 1120 Cinco De Mayo 130 Bingo 230 Coffee Talk
6 930 Men's Sensory 1030 Hymn Sing 1120 Catholic Rosary 130 6-5-4 Dice 230 Coffee Talk	7 930 Ladies Sensory 1030 The Great Plains 1120 Balloon Volleyball 130 Bingo 230 Ice Cream Social	8 930 Men's Sensory 1030 Church: Lutheran 1120 What Do you Know? 130 Birthday Party 415 Hangman 615 Alan Godacz	9 930 Local News 1030 Mass 1120 Hangman 130 BINGO 415 Words in A Word 615 Horse Racing	10 930 Ladies Sensory 1030 For A Good Cause 1120 1:1 programming 200 Mother's Day Gathering 415 Faith Group 330 Bodies in Motion 615 Frank Gust	11 Favorite Color Friday 930 Men's Sensory 1030 Conversations of Hope 130 Movie	12 930 Ladies Sensory 1030 Words of Hope 1120 Bean Bag Toss 130 Bingo 230 Coffee Talk
13 Mother's Day 930 Men's Sensory 1030 Sunday Hymns 1120 Catholic Rosary 130 Horse Racing 230 Coffee Talk	14 930 Ladies Sensory 1030 History of Horse Racing 1120 20 Questions 130 Bingo 230 Ice Cream Social	15 930 Men's Sensory 1030 Church: Pastor Joe 1120 How the West was Won 130 Fancy Nails 415 Words in A Word 615 Kickin' Karaoke with Rick	16 930 Local News 1030 Mass 1120 Believe it or Not! 130 Make and Taste 415 Ted Talks 615 Ed Sullivan Show	17 930 Ladies Sensory 1030 Categories 1120 Monkey Business 130 Bingo 415 Faith Group 330 Bodies in Motion 615 Deb Hawkinson	18 930 Men's Sensory 1030 Conversations of Hope 130 Auction	19 Armed Forces Day 930 Ladies Sensory 1030 Honor Our Veterans 1120 What War Was It Trivia 130 Bingo 230 Coffee Talk
20 930 Men's Sensory 1030 Devotional Stories 1120 Catholic Rosary 130 Mini Golf 230 Coffee Talk	21 930 Ladies Sensory 1030 Who Invented What? 1120 Rock Art How To's 130 Bingo 230 Ice Cream Social	22 930 Men's Sensory 1030 Church: Lutheran 130 BABY ANIMAL PETTING ZOO	23 930 Local News 1030 Mass 1120 Trivia 130 Fancy Nails 415 Gardens 615 Horse Racing	24 930 Ladies Sensory 1030 Reminisce 1120 Hot Topic Debates 130 Bingo 415 Faith Group 330 Bodies in Motion 615 Roy Billmark	25 930 Men's Sensory 1030 Conversations of Hope 130 Movie	26 930 Ladies Sensory 1030 Balloon Volleyball 1120 Words in A Word 130 Bingo 230 Coffee Talk
27 930 Men's Sensory 1030 Sunday Hymns 1120 Catholic Rosary 130 What Am I? 230 Coffee Talk	28 Memorial Day 930 Ladies Sensory 1030 Remembering Our War Correspondents 1120 Memorial Day 130 Bingo 230 Ice Cream Social	29 930 Men's Sensory 1030 Church: Crosier 1120 Daily Chronicles 130 Resident Council 200 Food Committee	30 930 Local News 1030 Mass 1120 Where in the World 130 Fancy Nails 415 Collections 615 Shirley Temple	31 930 Ladies Sensory 1030 Words in A Word 1120 Where in the World 130 Bingo 415 Faith Group 330 Bodies in Motion 615 Horse Racing	*Calendar is subject to change	