STAY SAFE MN

COVID-19 Testing Recommendations

	Not fully vaccinated	Fully vaccinated*
Symptoms of COVID-19	Get tested immediately	Get tested immediately
Exposure to someone with COVID-19	Get tested immediately and, if negative, 5-7 days after last exposure	Get tested 5-7 days after exposure
Frequent contact with people from other households**	Get tested every 2 weeks	No need to test unless you had an exposure or have symptoms
In-person school settings	Get tested regularly according to CDC guidance	No need to test unless you had an exposure or have symptoms
Attended a large gathering indoors, or outdoors with no social distancing	Get tested 3-5 days after gathering	Get tested 3-5 days after gathering
International travel***	Get tested 1-3 days prior to travel, 1-3 days prior to returning, and 3-5 days after	Get tested 1-3 days prior to returning and 3-5 days after
Domestic travel	Get tested 1-3 days prior to travel and 3-5 days after	No need to test unless you had an exposure or have symptoms
Immunocompromised	Talk to your health care provider	Talk to your health care provider
Health care worker	Follow employer's testing instructions	Follow employer's testing instructions
Asked to get tested by health care provider or health department	Follow testing instructions provided	Follow testing instructions provided
Outbreak or cluster of COVID-19	Follow testing instructions provided	Follow testing instructions provided

*Fully vaccinated = it's been at least 2 weeks since your final COVID-19 vaccine dose.

**Includes children and staff in child care settings, youth-serving activities and programs.

***CDC recommends not traveling internationally until you are fully vaccinated. Some countries will require testing prior to travel. Check requirements of your destination and any layovers before you travel.