



**Mille Lacs**  
Health System

# **Resource Guide**

## **Mental Health, Tribal, & Pharmacy Services**

200 Elm Street North

Onamia, MN 56359

320-532-3154

[www.mlhealth.org](http://www.mlhealth.org)



## Table of Contents

This guide has been created as a convenience for our community and we hope it is a helpful resource to you. It is not intended to be a comprehensive listing of all service providers and programs. This listing does not imply an endorsement of the resources listed (except for Mille Lacs Health System entities).

Mental Health Services .....	3-8
Native American Services .....	9-13
Pharmacies (Retail).....	14
Pregnancy Support Services.....	15

## MENTAL HEALTH SERVICES

**National Suicide Prevention Line:  
Dial 988 or text Talk to 741741**



### **Mille Lacs Health System Behavioral Health Counseling**

200 North Elm Street

Onamia, MN 56359

320-532-3154

877-535-3154

320-532-2978 (Addiction Recovery)

[Behavioral Health | Services | Mille Lacs Health System \(mlhealth.org\)](https://mlhealth.org/BehavioralHealth/Services/)

[Addiction Recovery | Services | Mille Lacs Health System \(mlhealth.org\)](https://mlhealth.org/AddictionRecovery/Services/)

### **Adult & Teen Challenge Minnesota**

2424 Business 371

Brainerd, MN 56401

218-833-8777

218-833-8777 (Admissions)

Email: [centralcampus@mntc.org](mailto:centralcampus@mntc.org)

[Brainerd Addiction Treatment & Recovery Center - MN Adult & Teen Challenge \(mntc.org\)](https://mntc.org/BrainerdAddictionTreatment&RecoveryCenter-MNAdult&TeenChallenge/)

Minneapolis 612-373-3366

Brainerd 218-833-8777

Buffalo 844-768-8336

Duluth 218-740-5500

### **Acquire Mental Health Clinic**

*"Therapy for real people by real people. To normalize mental health, reduce the stigma, strengthen the community, and help people reach their goals/dreams."*

4682 Wilderness Court

Brainerd, MN 56401

218-820-7671

24282 Hazelwood Drive

Nisswa, MN 56468

107 Doctors Park

St. Cloud, MN 56303

[Acquire Mental Health Clinic - Counseling, Chemical Dependency](https://www.acquirementalhealth.com/Counseling-Chemical-Dependency/)

### **Caritas Mental Health Clinic (Catholic Charities of St. Cloud)**

911 18<sup>th</sup> Street North

P O Box 2390

St. Cloud, MN 56302-2390

320-650-1550

[www.ccstcloud.org](http://www.ccstcloud.org)

### **CentraCare – St. Cloud Hospital Behavioral Health, Child & Adolescent Services**

1900 CentraCare Circle

Suite 1000

St. Cloud, MN 56303

320-229-4945

[CentraCare - St. Cloud Hospital Behavioral Health, Child & Adolescent Services | CentraCare](https://www.centracare.com/BehavioralHealth/ChildAdolescentServices/)

### **CentraCare – St. Cloud Hospital Behavioral Health, Inpatient Unit**

1406 Sixth Avenue North

St. Cloud, MN 56303

320-255-5774

[CentraCare - St. Cloud Hospital Behavioral Health, Inpatient Unit | CentraCare](https://www.centracare.com/BehavioralHealth/InpatientUnit/)

**Centra Care – St. Cloud Hospital Behavioral Health**

19000 Centra Care Circle  
Suite 2475  
St. Cloud, MN 56303  
320-229-4977

[CentraCare - St. Cloud Hospital Behavioral Health | CentraCare](#)

**CentraCare – St. Cloud Hospital Behavioral Health, Specialty Care Center**

1900 CentraCare Circle  
Suite 2375  
St. Cloud, MN 56303  
320-229-4918  
800-835-6652

[CentraCare - St. Cloud Hospital Behavioral Health, Sartell | CentraCare](#)

**Central Minnesota Mental Health Center (CMMHC)**

*Targeted case management, rehabilitative services, crisis services, outpatient services, chemical health services, children and family services*

1321 13<sup>th</sup> Street North  
St. Cloud, MN 56303  
320-252-5010

[St. Cloud Campus | CMMHC](#)

**Clearview Counseling**

204 2<sup>nd</sup> Street NW  
Aitkin, MN 56431  
218-429-0110

**CRMC – Cuyuna Regional Medical Center**

320 East Main Street  
Crosby, MN 56441  
218-546-7462 or 888-420-2778  
Crisis Line and Referral Service: 218-828 HELP (4357) or 800-462-5525

[Mental Health Services | Cuyuna Regional Medical Center \(cuyunamed.org\)](#)

**Essentia Health – Mental Health Inpatient Grace Unit Essentia St. Joseph's Medical Center - Brainerd**

523 North 3<sup>rd</sup> Street  
Brainerd, MN 56401  
218-829-2861

Crisis line and Referral Service: 218-828-4357  
[Essentia Health-St. Joseph's Medical Center \(Brainerd\)](#)

**East Central Crisis Services/Canvas Health**

*Mobile crisis services for residents of Chisago, Isanti, Pine, Kanabec, and Mille Lacs County and Mille Lacs Band of Ojibwe.*

*Substance use, psychological assessments, behavioral therapy, Rule 25 assessments.*

*Administered by Canvas Health (non- profit community mental health and substance use agency)*

Deb Wetrosky – [dwetrosky@canvashealth.org](mailto:dwetrosky@canvashealth.org)  
763-489-7594

-Adult Day Treatment Appointments/Referrals:  
651-251-5020

-Adult Mental Health Case Management  
Appointments/Referrals  
651-251-5020

-Adult Rehabilitative Mental Health Services (ARMHS) Appointments/Referrals:  
651-251-5038 [mmann@canvashealth.org](mailto:mmann@canvashealth.org)

-Children's Mental Health Case Management  
Appointments/Referrals:  
Lori Swenson 651-251-5204

[lsenson@canvashealth.org](mailto:lsenson@canvashealth.org)

-Early Childhood Behavioral Assistance  
Appointments/Referrals: Barbara Tester 651-251-5024 [bttester@canvashealth.org](mailto:bttester@canvashealth.org)

-Partnering for Jobs and SOAR appointments and referrals: Melissa Moon 651-251-5131  
[mmoon@canvashealth.org](mailto:mmoon@canvashealth.org)

-Psychological Services Appointments and Referrals: Angie Lubo 651-251-5059  
[alubo@canvashealth.org](mailto:alubo@canvashealth.org)

-Therapeutic Learning Center (TLC)  
Appointments and referrals: June Kong 651-  
251-5090 [jkong@canvashealth.org](mailto:jkong@canvashealth.org)

5842 Old Main Street, Suite 2  
North Branch, MN 55056  
800-523-3333  
Clinical Services, Appointments and Referrals:  
651-777-5222  
Clinical Records Requests: 651-251-5138  
Business inquiries: 651-275-4311

**Essentia Health – Mental Health Intensive  
Outpatient - Brainerd**

Crisis Line and Referral Service – Brainerd, MN  
218-828-4357  
800-462-5525  
National Suicide Prevention Line: 988 or  
800-273-8255  
Appointments: 844-663-1068  
[Behavioral & Mental Health | Essentia Health | MN, ND, WI](#)

**Essentia Health Mental Health Counseling – St.  
Joseph’s Baxter Clinic - Outpatient**

13060 Isle Drive  
Baxter, MN 56425  
218-828-2880  
[Outpatient Mental Health Therapy | Essentia Health | MN, ND, WI](#)

**FastTrackerMN.org**

*“Behavioral health search tool that gives access to real time information and availability. A virtual community for psychiatric information and statewide mental health resources.”*  
[Fast Tracker - Fast Tracker \(fasttrackermn.org\)](https://fasttrackermn.org)

**Hoffman Counseling – Milaca**

*“Offering therapy for children, adolescents and adults and can see individuals, couples and families.”*  
545 Highway 23 East

Suite 202  
Milaca, MN 56353  
320-982-1110  
[Home \(hoffmancounselingllc.com\)](http://Home(hoffmancounselingllc.com))

**Homegrown Counseling**

*“Serve, improve and expand mental health care in rural communities.”*

225 2<sup>nd</sup> Street SW  
P O Box 346  
Milaca, MN 56353  
[Mental Health Therapy | HomeGrown Counseling, LLC | Milaca](#)

**Lakeside Counseling**

45176 215<sup>th</sup> Lane  
Aitkin, MN 56331  
218-678-2859

**Lakewood Health System Behavioral Health Services**

49725 County Road 83  
Staples, MN 56479  
218-894-1515  
[Behavioral Health Services - Lakewood Health System](#)

**Lakewood Health System Clinic Behavioral Health**

49725 Co RD 83  
Staples, MN 56479  
218-894-8852  
[Clinic Behavioral Health - Lakewood Health System](#)

**Lighthouse Child and Family Services**

*“Helping children, families and adults cope and manage in life.”*

Milaca:  
160 3<sup>rd</sup> Avenue NW  
Milaca, MN 56353  
320-983-2335  
[Locations - Lighthouse \(lighthousecfs.com\)](http://Locations-lighthouse(lighthousecfs.com))

Milaca (Adult Groups Only):

210 Central Avenue North, Suite 2

Milaca, MN 56353

320-983-2335

[Locations - Lighthouse \(lighthousecfs.com\)](http://Locations-Lighthouse(lighthousecfs.com))

Cambridge:

340 Garfield Street South

Cambridge, MN 55008

320-983-2335

[Home - Lighthouse Child & Family Services - Mental Health \(lighthousecfs.com\)](http://Home-LighthouseChild&FamilyServices-MentalHealth(lighthousecfs.com))

Princeton (Day Treatment):

124 North Rum River Drive

Princeton, MN 55371

320-983-2335

[Locations - Lighthouse \(lighthousecfs.com\)](http://Locations-Lighthouse(lighthousecfs.com))

Princeton:

101 18<sup>th</sup> Avenue North

Princeton, MN 55371

320-983-2335

[Locations - Lighthouse \(lighthousecfs.com\)](http://Locations-Lighthouse(lighthousecfs.com))

**Lutheran Social Services – Brainerd**

716 East Street NE

Brainerd, MN 56401

218-828-7379

[Therapists | Lutheran Social Service of Minnesota \(lssmn.org\)](http://Therapists|LutheranSocialServiceofMinnesota(lssmn.org))

**M Health Fairview Mental Health Clinic – Elk River**

1230 School Street

Elk River, MN 55330

763-241-3558

[M Health Fairview Mental Health Clinic - Elk River](http://MHealthFairviewMentalHealthClinic-ElkRiver))

**Mental Health Minnesota**

2233 University Avenue West

Suite 350

St. Paul, MN 55114

651-493-6634

800-862-1799

[Who We Are - Mental Health Minnesota \(mentalhealthmn.org\)](http://WhoWeAre-MentalHealthMinnesota(mentalhealthmn.org))

**Mille Lacs County Community and Veterans Services – Adult and Children’s Mental Health**

525 2<sup>nd</sup> Street SE

Milaca, MN 56353

Contact: Char Kohlgraf –

[charlotte.kohlgraf@millelacs.mn.gov](mailto:charlotte.kohlgraf@millelacs.mn.gov)

320-983-8279

**Mille Lacs County Community and Veterans Services Community Health**

525 2<sup>nd</sup> Street SE

Milaca, MN 56353

320-983-8208

[Mille Lacs County Community and Veterans Services | National Prevention Information Network | Connecting public health professionals with trusted information and each other \(cdc.gov\)](http://MilleLacsCountyCommunityandVeteransServices|NationalPreventionInformationNetwork|Connectingpublichealthprofessionalswithtrustedinformationandeachother(cdc.gov))

**Minnesota Adult and Teen Challenge - Brainerd**

Treatment and Recovery

2424 Business 371

Brainerd, MN 56401

218-833-8777

612-915-0072 - Minneapolis

[Brainerd Addiction Treatment & Recovery Center - MN Adult & Teen Challenge \(mntc.org\)](http://BrainerdAddictionTreatment&RecoveryCenter-MNAdult&TeenChallenge(mntc.org))

**NAMI National Alliance on Mental Illness**

4301 Wilson Blvd., Suite 300

Arlington, VA 22203

703-524-7600

Helpline: 800-950-6264

Text: Helpline to 62640

[National Hotline for Mental Health Crises and Suicide Prevention | NAMI: National Alliance on Mental Illness](http://NationalHotlineforMentalHealthCrisesandSuicidePrevention|NAMI:NationalAllianceonMentalIllness))

**Nexus-Mille Lacs Family Healing  
Residential Treatment Programs**

*“Programs for males 10-18 with sexually  
problematic behaviors.”*

407 130<sup>th</sup> Avenue South  
Onamia, MN 56359  
320-532-4005

[Nexus-Mille Lacs Family Healing  
\(nexusfamilyhealing.org\)](http://nexusfamilyhealing.org)

**Northern Pines Mental Health Center –  
Brainerd**

520 5<sup>th</sup> Street NW  
Brainerd, MN 56401  
218-829-3235  
800-566-3235

[Mental Health | Northern Pines Mental Health  
Center | Minnesota \(npmh.org\)](http://MentalHealth|NorthernPinesMentalHealthCenter|Minnesota(npmh.org))

**Nystrom & Associates – Baxter/Brainerd Clinic**

13045 Falcon Drive, Suite 100  
Baxter, MN 56425  
218-829-9307

[Baxter/Brainerd Clinic - Nystrom & Associates  
\(nystromcounseling.com\)](http://Baxter/BrainerdClinic-Nystrom&Associates(nystromcounseling.com))

**Nystrom & Associates – Cambridge Clinic**

817 North Main Street  
Cambridge, MN 55008  
763-325-0300

[Cambridge Clinic - Nystrom & Associates  
\(nystromcounseling.com\)](http://CambridgeClinic-Nystrom&Associates(nystromcounseling.com))

**Oakridge Woodview Support Services**

*“Quality residential and support services for  
people with special needs (mental health or  
developmental disabilities).”*

1021 Industrial Park Road  
Brainerd, MN 56401  
218-829-7498

[Mental Health Services | Woodview Support  
Services | Brainerd MN \(orhvw.com\)](http://MentalHealthServices|WoodviewSupportServices|BrainerdMN(orhvw.com))

**Overcomers International Fellowship – St.  
Cloud**

*“Helping men that need services to help them  
overcome their current issues.”*

529 16<sup>th</sup> Avenue North  
St. Cloud, MN 56303  
320-656-1550

[Overcomers Program in Saint Cloud, MN | OIF  
Dream Center \(dreamcenterstcloud.org\)](http://OvercomersPrograminSaintCloud,MN|OIFDreamCenter(dreamcenterstcloud.org))

**Prairie St. John’s Inpatient Mental Health  
Hospital (Fargo)**

*Full continuum of care to child, adolescent and  
adult patients living with mental health and  
substance abuse challenges.*

Josh Sayler  
Director of Business Development  
701-476-7238  
Cell: 701-799-4771

510 4<sup>th</sup> Street  
Fargo, ND 58103  
701-476-7200

[Prairie St. John’s | Fargo, North Dakota |  
Prairie-StJohns.com](http://PrairieSt.John’s|Fargo,NorthDakota|Prairie-StJohns.com)

**Region V+ Adult Mental Health Initiative**

Serving Aitkin, Cass, Crow Wing, Leech Lake  
Band of Ojibwe, Morrison, Todd, and Wadena  
Counties

Community of Care. Crisis line support  
P O Box 219

Staples, MN 56479  
218-828-HELP  
800-462-5525

[Mental Health Resources | Region V+ Mental  
Health Initiative \(region5mentalhealth.com\)](http://MentalHealthResources|RegionV+MentalHealthInitiative(region5mentalhealth.com))

**Safe Harbor – Crisis Stabilization Services –  
(part of Northern Pines) Multiple locations –  
Brainerd, Little Falls, Aitkin**

*“Short term, up to 10-day stay for those with  
mental health diagnosis, lapse in functioning,  
mental illness”*

P O Box 367

Little Falls, MN 56345

218-454-3844

[Northern Pines | Safe Harbor \(npmh.org\)](http://NorthernPines.org/SafeHarbor)

[Northern Pines | Locations \(npmh.org\)](http://NorthernPines.org/Locations)

**Little Falls:**

1906 5<sup>th</sup> Avenue SE

Little Falls, MN 56345

320-632-6647

800-951-6648

**Staples:**

200 4<sup>th</sup> Street NE

Staples, MN 56479

218-894-1002

877-894-1002

**Aitkin:**

13 3<sup>rd</sup> Street NE

Aitkin, MN 56431

218-928-8803

[Mental Health | Northern Pines Mental Health  
Center | Minnesota \(npmh.org\)](http://MentalHealth.org/NorthernPinesMentalHealthCenter)

**Serenity Mental Health Services**

*“Dedicated to enriching our clients’ quality of  
life by providing medically-necessary services.  
Outpatient counselling services in Hutchinson,  
Buffalo and surrounding areas.”*

225 3<sup>rd</sup> Avenue NW

Hutchinson, MN 55350

152<sup>nd</sup> Street NW

Buffalo, MN 55313

320-455-9888

[Therapy & Counseling Services | Hutchinson,  
Buffalo, Wright & McLeod County, MN |  
Serenity Mental Health Services](#)

**The Insight Network**

*“Collaborative of independent/autonomous  
mental health professionals that provide  
counseling and therapy that comes to you in  
your own home.”*

Serving Crow Wing, Cass, Wadena, Todd,  
Morrison, Aitkin and Mille Lacs County

[Home | TheInsightNetwork](#)

Laurie Boser, MSW, LICSW 218-838-7770

Lynette Wagner, MSW, LICSW 218-838-7084

Marilyn Kiloran, MSW, LICSW 612-423-8862

**Wellness in the Woods**

Mental health and substance abuse

Zoom meetings to promote mental wellness  
and community. Peer Support Connection

Warmline. Recovery in the woods program.

Recovery workshops.

MN Warmline: 844-739-6369

Contact: Ashley Wright – [ashley@mnwitw.org](mailto:ashley@mnwitw.org)

[Home - Wellness in the Woods | Mental Health  
Advocacy \(mnwitw.org\)](#)

Notes:

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## NATIVE AMERICAN SERVICES



**For health care see Hospitals and Clinics. If an emergency call 911.**

### **Minnesota State Agency Tribal Liaisons with the State Government (contact information)**

[State Tribal Liaison Directory-15555645-v13.PDF](#)

### **Minnesota Indian Affairs Council**

[Misi-zaaga'iganiing / Mille Lacs Band of Ojibwe / Indian Affairs \(mn.gov\)](#)

Office of Ombudsperson for American Indian families.

[Office of Ombudsperson for AMERICAN INDIAN Families / Minnesota Office of Ombudsman for American Indian Families \(OAIF\) \(mn.gov\)](#)

Contact Jill Kehaulani Esch, Ombudsperson, via email [Jill.Esch@state.mn.us](mailto:Jill.Esch@state.mn.us)



## **Mille Lacs Band of Ojibwe**

### **24-hour crisis line: 1-866-867-4006**

Main Line: 320-532-4181 (landline 4741)

Casino Shuttle: 320-532-7777

Assisted Living: 320-532-7565

Ne-la-Shing Clinic: 320-532-4163

### [Welcome | Mille Lacs Band of Ojibwe](#)

Family Services On-call and after- hours emergency:

Family Services on call: 320-532-7764

After Hours: 320-630-2444

Elder Abuse Hotline: 320-630-7666

### Behavioral Health/Mental Health:

320-532-4181 (landline 7773)

### Child Support:

320-532-4181 (landline 7755)

### Circle of Health:

18562 Minobimaadizi Loop

Onamia, MN 56359

320-532-4181 (landline 7741 or 2581)

Community Advocacy:

*Focused on people experiencing domestic or sexual violence. Partnering to help understand justice system. Help find services and agencies. Provide safety plans. Assist in writing and filing an OFP/HRO\*. Court support. Support groups.*

Community Advocate: 320-362-0642

Community Advocate: 320-362-4685

Community Advocate: 320-630-3476

\*Order for Protection/Harassment Restraining Order

Clinics:

Aazhoomog Clinic – Lake Lena

45471 Grace Lake Road

Sandstone, MN 55072

East Lake Clinic

36666 Highway 65

McGregor, MN 55760

218-768-3311

Ne la Shing Clinic

43500 Migizi Drive

Onamia, MN 56359

320-532-4181 (landline 2500)

Crisis Line 24/7: 866-867-4006

Commodity Food Distribution Warehouse

16745 Shaw Bosh Kung Road

Onamia, MN 56359

320-630-8362

320-532-3725

Domestic Abuse Transformation Program (DATP)

(formerly Batterers Intervention Program)

*For individuals charged with domestic violence offenses*

Office: 320-532-7793

Elder Abuse:

*Physical abuse, neglect, financial abuse, self-neglect. Provide confidential and non-judgmental support and help create individual safety plans. Assist in writing OFP/HRO.*

Elder Abuse Advocate: 320-630-7666

Elder Abuse Advocate: 320-630-3395

Elder Services/Elder Care Program

Day Shelly, Waivered Services Benefit

Coordinator

320-362-1914

Family Services:

18562 Minobimaadizi Loop

Onamia, MN 56359

320-532-4163 (landline 1722)

Halfway Housing

17222 Ataage Drive

Onamia, MN 56359

Lloyd Keoke, Counselor Aide

320-532-4181 (landline 4768)

Health and Human Services

Women's Shelter

*Family-friendly, survivor centered space for women and children. Fully secured:*

*Food, personal hygiene, case-related*

*transportation services. Information and*

*referral. Case management services. Emotional and physical support and healing information.*

P O Box 2

Wahkon, MN

Vicki Flor-Behrens, Shelter Manager

Vicki-flor-behrens@hhs.millelacsband-nsn.gov

Office: 320-495-3514

Cell: 320-630-2191

Fax: 320-495-3748

Legal Assistance:

320-532-7798

Public Health:

18562 Minobimaadizi Loop  
Onamia, MN 56359  
320-532-7524 (fax)  
Lisa Blahosky-Oliverez, Public Health Director  
320-532-4181 (landline 7459)

Sex Trafficking:

Safe Harbor Regional Navigator  
*Takes crisis calls and referrals of youth under the age of 24 who are victims of sex trafficking. Crisis intervention, support and connections to shelter, housing and long term services along with community training and capacity building.*  
Safe Harbor Regional Navigator  
Cell: 320-630-2677  
Office: 320-532-7793

Sexual Assault Program:

*Crisis intervention, support groups, advocacy. Emergency counseling and accompaniment to area hospitals to advocate for your needs. Accompaniment to legal interviews. Emotional support.*  
Direct services coordinator: 320-630-2691  
Sexual assault advocate: 320-362-4995

Substance Use Disorder Department:

320-362-4208 (mobile)  
320-532-7773 (landline 7773)

Victims Services

Contact: Megan Ballinger,  
[megan.ballinger@hhs.millelacsband-nsn.gov](mailto:megan.ballinger@hhs.millelacsband-nsn.gov)

Tribal Police

320-532-4181 (landline 7490)  
Carla Big Bear, Office Manager  
Monte Frank, Emergency Management  
320-532-4181 (landline 4789)

Victims of Crime:

*Information re: rights of victims and helping to navigate the legal system: Arson, bullying, identity theft, robbery, gun violence, homicide, burglary, fraud, cybercrimes, vulnerable adult abuse, assault, kidnapping, missing persons, hate crimes, gang violence, teen dating violence, labor trafficking.*

Victims of crime coordinator: 320-364-3568

Victims of crime advocate: 320-362-1416

Victim Services Director

Kristen Allord  
320-630-2677  
320-532-7793 (x 7793)

**Mille Lacs Band of Ojibwe Women's Project**

Domestic Violence Shelter

*"Crisis call, support & advocacy, emergency shelter, information & referrals, support groups, transportation. Services are free & confidential, regardless of race, gender or financial status. Counties served: Aitkin, Crow Wing, Mille Lacs & Pine."*

Office Hours: 8:00am to 5:00pm

Main office: 320-495-3514

Toll free crisis line: 866-867-4006

District 1 Advocate

Michelle Leecy  
320-532-4780  
Cell: 877-290-2677  
800-709-6455 ext. 4780

District 2 (East Lake) Advocate

Cindy Olin  
218-768-4412  
Cell Phone: 877-225-2676

District 3 Advocate

Julie Freshwater  
Cell phone: 877-229-2678  
877-884-0149

Joe Morales

**Batterer's Re-Education Facilitator**

Available at districts 1 and 2

District 1: 800-622-4163

District 2: 877-768-3311

Dick Diver

**Chemical Dependency Counselor and Batterer's Re-Education Facilitator**

Available at district 3

320-384-6696

877-884-0149

**Sexual Assault** (all 3 districts)

320-532-4780

800-709-6455 ext. 4780

**Administration for Community Living  
Services for Native Americans (OAA Title VI)**

*"Grants provide funding to Tribal organizations for a broad range of services to older Native Americans including: Congregate and home-delivered meals, information and referral, transportation, personal care, chores, health promotion and disease prevent and other supportive services."*

**Region V**

233 North Michigan Avenue  
Suite 1300

Chicago, ILL 60601-5527

Lacey Boven, Regional Administrator

Eldercare Locator: 800-677-1116

[Contact Us | ACL Administration for Community Living](#)

[Services for Native Americans \(OAA Title VI\) | ACL Administration for Community Living](#)

[Health, Wellness, and Nutrition | ACL Administration for Community Living](#)

**American Indian Center – St. Cloud University  
Resource Guide**

[Minnesota Tribal Resources | St. Cloud State University \(stcloudstate.edu\)](#)



**Center for Native American Youth – Aspen  
Institute**

[Cultural Practices Within Indigenous Communities That Help Teens Thrive - Center for Native American Youth \(cnay.org\)](#)

[Tele-Native Youth webinars](#)

[Tele-Native Youth Webinars - Center for Native American Youth \(cnay.org\)](#)

**First Nations Home Health**

4100 Lexington Avenue North

Suite 150

Shoreview, MN 55126

612-871-2474

*Culturally-relevant health care services to traditionally underserved populations. PCA, homemaking, individual community living support, individualized home supports, respite care.*

[About First Nations Home Health](#)

**Indigenous American Entrepreneurs –  
Resources summary**

Change Labs

NDN Collective

National Center for American Indian Enterprise Development

National Congress of American Indians

IDRS Acorn Project

The National Minority Supplier Development Council

[The Best Resources for Native American Entrepreneurs \(onlinemba.com\)](#)



**Minnesota Indian Women’s Resource Center**

*“Non-profit social and mental health service organization committed to traditional ways of being and support of Native women and their families.” Advocacy, domestic violence prevention and intervention, sexual assault advocacy, street outreach.*

2300 15<sup>th</sup> Avenue South  
Minneapolis, MN 55404

612-728-2000

[Who We Are — MIWRC](#)

**National Indian Council on Aging, Inc.**

*“Part -time, paid work experience training in community agencies for older individuals with limited incomes. Eligibility based on age, total family income, and most-in-need characteristics.”(Not required to be an American Indian or Alaska Native to participate in SCSEP).*

8500 Menaul Blvd. NE  
Albuquerque, NM 87112  
505-292-2001

Senior Community Service Employment  
Program (SCSEP) Job Training for Elders

[SCSEP \(nicoa.org\)](https://www.nicoa.org/scsep)

[SCSEP Pre-Application \(nicoa.org\)](https://www.nicoa.org/scsep)

**Native American Therapists in Morrison  
County (and online)**

[Find Native American Therapists and  
Psychologists in Morrison County - Psychology  
Today](#)

**University of Minnesota – Duluth  
College of Education and Human Service  
Professions**

**Center for Regional and Tribal Welfare Studies**

*“Partners with tribes, county agencies, and non profits in Minnesota to help improve American Indian child welfare practice and reduce the disparities experienced by families in the child welfare system.”*

Bree Bussey, Center Director

125 Bohannon Hall

1207 Ordean Court

Duluth, MN 55812

[umdsw@d.umn.edu](mailto:umdsw@d.umn.edu)

218-627-3529

[Center for Regional & Tribal Child Welfare  
Studies | College of Education and Human  
Service Professions | UMN Duluth](#)

Notes:

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## RETAIL PHARMACIES

Notes:



**Mille Lacs Health System Community  
Pharmacy – Onamia**

200 Elm Street North

Onamia, MN 56359

320-532-2900

[Pharmacy](#) | [Patients & Visitors](#) | [Mille Lacs Health System \(mlhealth.org\)](#)



**Mille Lacs Health System Community  
Pharmacy – Isle**

215 West Main Street

Isle, MN 56342

320-676-3115

[Pharmacy](#) | [Patients & Visitors](#) | [Mille Lacs Health System \(mlhealth.org\)](#)



## PREGNANCY SUPPORT SERVICES



Please also see Family Services.

### **Lakes Area Pregnancy Support Services (LAPS)**

315 East River Road, No. 1

Brainerd, MN 56401

218-825-0793

[Unplanned Pregnancy? - Lakes Area Pregnancy Support Center](#)

### **Mora Crisis Pregnancy Center**

114 West Maple Avenue, # 2

Mora, MN 55051

320-679-4493

[Free Pregnancy Testing, Mora, MN | A Family and Life Resource \(moracpc.org\)](#)

### **Morrison County Child & Family Services**

320-632-7800

[Child & Family Services | Morrison County, MN](#)

### **Pregnancy & Life Resource Center Medical Clinic – Long Prairie**

22 2<sup>nd</sup> Street North

Long Prairie, MN 56347

320-874-0124

[PREG-RESOURCES LONG PRAIRIE, MN - Pregnancy & Life Resource Center](#)

### **Pro Life Across America**

P O Box 18669

Minneapolis, MN 55418

612-781--0410

[ProLife Across America | Donate](#)

### **Rum River Life Choices - Milaca**

1006 5<sup>th</sup> Street SE

Milaca, MN 56353

320-983-3771

Princeton:

712 South Rum River Drive

Princeton, MN 55371

763-389-7876

[Home - Rum River Life Choices](#)

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